

Newnham St Peter's C of E Primary School Physical Education Curriculum



School Vision

Cherish Everyone ~ Flourish Together ~ Serve Others

Newnham St Peter's School Intent Statement

We aim to work in partnership with parents, governors, the Church, and the community to provide a broad and balanced curriculum that enables all our children to develop into well rounded individuals and life-long learners. As a church school our curriculum is built upon a strong Christian foundation, with our core values of hope, perseverance, respect, friendship, forgiveness, and thankfulness at the heart of all we do.

Curiosity underpins lifelong learning, from pre-school up our curriculum is based upon asking questions and exploring. Reading is the gateway to sustainable learning. We have a structured approach to reading to ensure children develop skills that are applied across the curriculum. Vocabulary is a key focus, and our curriculum is designed to ensure children develop both rich creative and subject specific vocabulary.

To ensure knowledge is retained and learning 'sticks', our curriculum is carefully mapped out across all phases, providing continuity, supporting transition and revisiting / building on key concepts.

Our curriculum takes inspiration from our Forest of Dean setting next to the River Severn whilst also ensuring that pupils are outward looking with planned opportunities to gain experience of the wider world.

We aim for children to leave our school not only achieving their full academic potential, but with the skills to keep themselves physically, mentally and spiritually fit. The confidence to push themselves outside of their comfort zone and the moral compass and drive to be active global citizens.

Intent – What we want for the children

At Newnham St Peter's C of E Primary School, we recognise that providing high quality Physical Education, School Sport and Physical Activity opportunities, with high expectations, will ensure, long-term, that our children have the best possible chance of a positive future relationship with their physical fitness and mental wellbeing. We believe that a child's ability to understand how their body works, and how to look after it, is founded in high-quality taught PE lessons (with strong curriculum links to PSHE and Science). We aim to inspire our pupils with a curiosity to explore fitness and competition that will last for the rest of their lives.

Our curriculum ensures that our children are exposed to the richest and most varied sporting opportunities that we can provide. Our aim is to enrich every child's school experience by creating an environment where they are encouraged to succeed, support others to succeed and be the best they can be in a fun and enjoyable environment. Physical Education enables children to (and transfer to other areas of their learning): work in a team and respect competition, understand realistic goal setting, build on their resilience and learn about perserverence. Our aim is for all children to have the confidence to push themselves outside of their comfort zones.

We ensure that the skill coverage in each unit is thoughtfully planned in relation to the previous year so that all children have the opportunity to revisit prior skills and knowledge and then use this to build upon their new learning. The PE curriculum is well-structured with clear progression of knowledge, vocabulary and skills across all year groups.

Being located next to The River Severn, swimming and water safety is a key element to our curriculum and water safety is taught in all year groups (also through cross curricular activities). We are lucky to be surrounded by many wooded areas, including our own Forest School area, where all children can build on their adventurous outdoor skills.

See also: PE Long Term Plan and Progression Maps

Implementation - How it will be delivered

Early Years

Fundamental movement skills are encouraged daily within play and exploration opportunities. Our children are encouraged to be physically active in the outside areas and equipment is available for them to do so. Gross motor skills are taught explicitly through P.E. sessions that encourage key movement skills, co-ordination and teamwork. Go-Noodle and finger gym activities are available to develop fine motor skills.

2022/23 academic year:

Reception to Year 6 PE is delivered either once or twice a week (totalling 2 hours a week) by our sports providers and teachers. Our qualified sports provision provides us with lesson plans, new equipment to trial, lunchtime and after school clubs and CPD opportunities/support. As well as having our outside sports provider, we have a subject leader who is passionate and both highly experienced and qualified in delivering the best opportunities to our children. Our subject leader also supports the teachers and outside coaches with CPD and planning support.

In addition to the teaching of PE lessons, we also provide further sporting opportunities with highly qualified and experienced sports coaches (during curriculum time and as after school clubs), competitions to build on values such as sportsmanship and build resilience to enhance the children's understanding and experiences further. We see this as a valuable part of enriching the children's curiosity for the subject.

Impact - What we want the outcomes to be

Our children will be able to:

- Finish each stage of their education with a good level of understanding and attainment in PE
- Swim competently, confidently and proficiently
- Perform safe self-rescue in different water-based situations.
- Understand the importance of fitness and a healthy life style
- Continue a love of sport and physical activity
- Have the confidence to continue exploring opportunities to engage in physical activities beyond the curriculum through a range of clubs and links with the wider organisations
- Be ready for their next phase of education in PE at secondary school by the time they leave Newnham St Peter's C of E Primary School.

Impact is measured through the ongoing formative assessment of our children's understanding through conversations, questioning and observations where we provide constructive feedback (both teacher and peer). Our teachers and sports coaches assess the children against our learning objectives on the Insight Platform.